

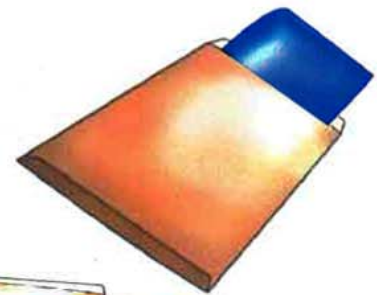
# Guideline for using : cereal-grain warming pad as a heat source for newborn transport

- 1** Fill the bag with 1-kilogram of either mung beans or dry corn (used in feeding livestock).



- 2** Heat the cereal-grain warming pad (CWP) in a 800-watt microwave oven with maximum heat for 1 minutes. If a 400-watt microwave oven is used, heat it for 2 minutes.

- 3** Mix grains inside the CWP thoroughly to distribute heat evenly and put it in a disposable A4-size brown envelope to prevent contamination.



- 4** Put a towel above the brown envelope with the CWP inside.



- 5** Place the bundled infant on the first towel.

- 6** Remove the towel at 35 minutes and lay the bundled infant on the brown envelope.



### Warning

Warming the CWP in the microwave oven longer than 1 minute may result in burns.

NB The cereal grains inside can be reused for 100 times.